



## IRTG Workshop “Nutrition Day” - Preliminary program

Venue: Seminar room D301/302, Rudolf Schoenheimer Institute of Biochemistry,  
Johannisallee 30

Date/Time	Title	Lecturer
<b>27 May 2019</b>		
09:00-09:45	Mico- and macronutrients	Dr. R. Chakaroun
09:45-10:30	Function and diversity of mikrobiome focusing on nutrition	Dr. A. Heintz-Buschart
10:30-10:45	Break	
10:45-12:15	Is there an optimal diet for weight management?	Dr. T. Schütz
12:15- 13:15	Lunch break	
13:15-14:45	Regulation von Hunger, Sättigung und Energiestoffwechsel (german language)	Dr. Michael Boschmann
14:45-15.00	break	
15:00-16:30	Fasten: Physiologische Adaptation und therapeutisches Potenzial (german language)	Dr. Michael Boschmann

Venue: Integriertes Forschungs- und Behandlungszentrum (IFB) AdipositasErkrankungen  
Rotes Haus, Konferenzraum 238, Philipp-Rosenthal-Str. 27, 04103 Leipzig

Date/Time	Title	Lecturer
<b>29 May 2019</b>		
09:00 - 10:00	AOK-Concept	Sarah V. Frenzel Nadja Pietzsch
10:00 - 11:00	Nutrition in sports - the tasty way to boost your performance	Dr. Sebastian Huhn
	Effects of excessive dietary phosphate intake	Elisabeth Jäger
11:00 -11:15	Break	
11:15 -12:00	About genes and nutrition	Dr. M. Keller
12:00 - 14.30	<i>Practical part I</i> Special nutrition after bariatric surgery Cooking session at the teaching kitchen	Dr. T. Schütz Silvia Lellwitz
14.30 - 16:00	<i>Practical part II</i> Bioimpedance analysis: measurement, data analysis and interpretation (Room 212)	Dr. T. Schütz

Set up: engl./german lectures

Max. number of participants for lecture: open

Max. number of participants for practical parts: 10